

Report on Art Education 2019

A session on Art Education was conducted for semester III B.Ed students as part of the Art and Aesthetic Education on 29/09/19 at college auditorium. The session started with a prayer song by college the choir. This was an interactive session which was handled by **Giri Kailas**, famous dance instructor of **Varadha Dance School, Attingal**.

He started his class by explaining the importance of integration of art in various subjects. Integration helps the students to develop motor skills, language skills, decision making, social skills etc and he mainly focused on the art form, **Bharatanatyam** which is a solo dance performed exclusively by women and expresses Hindu religious themes and spiritual idea. He also discussed the mudras required for performing an art form which teaches the art of perception and also explained how this mudras can be used in teaching various subjects and gave a wonderful demonstration of those mudras. Then explained the basic steps or adavus of Bharatanatyam. After that, demonstrated these adavus with the help of students from his dance school and students from Sree Narayana Training college also got the opportunity to perform the same which was a wonderful experience to them. He give a detailed information of the music associated with the Bharatanatyam, the South Indian's Carnatic style. It was followed by a Carnatic by the instructor that have a powerful effect on our emotions. The music conveys a tone, an intensity that verbal communication alone doesn't have. The student teachers performed different styles of music including regional songs, Nadanpattu, patriotic songs and classical songs and it aroused different mood among the participants.

In the next session, a group activity was organized by the instructor. Students composed and performed various songs for teaching different concepts in their own subject and it was novel experience for the students. He also explained the instruments necessary for Bharatanatyam art form such as flute, nagaswaram, mridangam and veena. He explained chaturvidha Abhinaya and after that demonstrated the same which was a visual treat for student teachers. During the interactive session, the instructor clarified the doubts raised by the students. The session was concluded with a performance of Bharatanatyam which was the highlight of the session. The participants took an active part and was evident in their enthusiasm, the involvement in all the activities and their active responses as well as the co-operation, their discipline through out the programme. On the whole, the class was very interesting and it helped the students to understand and enjoy it as one among the elite classical art forms of India.